



# English Class 7

## Class Notes

# What do you already know?

- When should you use the simple past tense?
- How do you make the simple past for **regular verbs**?
- Can you name five verbs with **irregular past tenses**?
  - Can you name ten? twenty? (there are a lot!)

# Simple Past

- When should you use the simple past tense?
  - A single action is completely finished.
    - Greta watched the movie.
  - Many actions are completely finished.
    - Greta watched the movie five times.

# Simple Past for Regular Verbs

**-d** or **-ed** is usually enough

For most verbs, just add 'ed'	if a verb ends with an 'e', just add a 'd'
help —> helped	smile —> smiled
look —> looked	wave —> waved
attend —> attended	love —> loved
participate —> participated	bake —> baked

**That's it! There are no helping verbs with the past tense, only if you are asking questions.**

# Some regular verbs have other rules:

## For verbs that end in vowel/consonant pairs, w, x, and y

if a verb ends with <b>one vowel before one consonant*</b> , double the consonant before adding 'ed'	*but not for w, x... (treat these like regular verbs and just add 'ed')	...or y: if a verb ends with <b>one vowel before 'y'</b> , just add 'ed'	...but if a verb ends with <b>one consonant before 'y'</b> , change the 'y' to an 'i', and then add 'ed'
nap → napped	box → boxed	play → played	try → tried
hug → hugged	show → showed	enjoy → enjoyed	hurry → hurried
rip → ripped	allow → allowed	stay → stayed	spy → spied
stop → stopped	relax → relaxed	pray → prayed	pretty → prettied

Vowels  
a e i o u

Consonants  
b c d f g h j k l m n  
p q r s t v w x y z

# Then there are the Irregular Verbs...

(Of course!)

present	simple past	past participle
go	went	gone
have	had	had
feel	felt	felt
do	did	done
put	put	put
say	said	said
write	wrote	written
get	got	gotten
make	made	made

present	simple past	past participle
come	came	come
become	became	become
know	knew	known
tell	told	told
think	thought	thought
see	saw	seen
take	took	taken
give	gave	given
find	found	found

# But there's good news!

You don't have to conjugate the past tense\*!

present tense		past tense
I / you / we / they	she/he	
look	looks	looked
do	does	did
have	has	had
go	goes	went

**\*except for BE**

present tense	past tense
I am	<b>I was</b>
you / we / they are	<b>you / we / they were</b>
s/he is	<b>s/he was</b>

# Let's practice!

## Which sentences are in the simple past tense?

1. Every day I get hungry at noon.
2. Yesterday I walked to the bus stop.
3. Last month I saw my friend three times.
4. She finished studying an hour ago.
5. They have lived here for six years.
6. We had gone on vacation when they robbed our house.
7. He wanted to help protect the environment.



# Let's practice!

## Which sentences are in the simple past tense?

1. Every day I **get** hungry at noon.
2. Yesterday I **walked** to the bus stop.
3. Last month I **saw** my friend three times.
4. She **finished** studying an hour ago.
5. They **have lived** here for six years. (*present perfect*)
6. We **had gone** on vacation when they **robbed** our house. (*past perfect*)
7. He **wanted** to help protect the environment.

# Let's practice some more!

Complete with the verb tense of the given verb. *(Remember the rules for making the simple past!)*

1. Last night I \_\_\_\_\_ (*watch*) a scary movie.
2. On Mondays, Kerry \_\_\_\_\_ (*go*) to the gym.
3. My aunt \_\_\_\_\_ (*come*) to my house for dinner last weekend. We \_\_\_\_\_ (*have*) a special meal for her!
4. Leela \_\_\_\_\_ (*be*) very sad when her cat \_\_\_\_\_ (*die*) last year.
5. The children \_\_\_\_\_ (*play*) outside yesterday afternoon.
6. Yesterday we \_\_\_\_\_ (*wash*) the car after it \_\_\_\_\_ (*get*) dirty.
7. Stuart \_\_\_\_\_ (*do*) his homework before he \_\_\_\_\_ (*go*) to bed last night.
8. The police \_\_\_\_\_ (*stop*) the robbery yesterday afternoon.

# Let's practice some more!

Complete with the verb tense of the given verb. *(Remember the rules for making the simple past!)*

1. Last night I **watched** (*watch*) a scary movie.
2. On Mondays, Kerry **goes** (*go*) to the gym.
3. My aunt **came** (*come*) to my house for dinner last weekend. We **had** (*have*) a special meal for her!
4. Leela **was** (*be*) very sad when her cat **died** (*die*) last year.
5. The children **played** (*play*) outside yesterday afternoon.
6. Yesterday we **washed** (*wash*) the car after it **got** (*get*) dirty.
7. Stuart **did** (*do*) his homework before he **went** (*go*) to bed last night.
8. The police **stopped** (*stop*) the robbery yesterday afternoon.

# Ideas to Listen for

## Basic comprehension

- What was Chris's main problem?
- What did **the narrator\*** do after learning about this problem?
- How did **the narrator\*** try to help Chris?
- How did **the narrator\*** feel about Chris in the end?

*\*narrator = person telling the story*

Then, one day a mutual friend got in touch to tell me that Chris needed our help. He had 1)\_\_\_\_\_ Chris and was horrified to see that he had an 2)\_\_\_\_\_ drug problem. I was devastated to learn this. Suddenly the past few years of desperate and sporadic 3)\_\_\_\_\_ 4)\_\_\_\_\_ made sense. I was upset that he had lied to me, but I put my feelings aside and stuck by him to help him get clean. I researched rehab facilities and scheduled times to 5)\_\_\_\_\_ 6)\_\_\_\_\_ with him by phone. Sometimes he sounded better, and sometimes I couldn't get ahold of him at the times we had agreed on. On the surface, it felt like little had changed. But at least I knew the truth, and he insisted that he was trying.

The 7) \_\_\_\_\_, however, had taken a toll on our relationship. I no longer fully trusted him. I began to 8) \_\_\_\_\_ some of his stories. I also felt a little gullible for not realizing what had been happening and for sending him money all those times. For months, two friends and I kept in contact about Chris, trying to figure 9) \_\_\_\_\_ the best way to help him, and comparing notes. He told me he'd gone to rehab and that he was doing better. I wanted to 10) \_\_\_\_\_ him, but it was hard. I just didn't.

When he asked me again for money to fix his car, I was completely 11) \_\_\_\_\_ with him. I told him I wanted to help him, but I was worried he would use the money to buy drugs. He said he understood my 12) \_\_\_\_\_, and promised not to let me 13) \_\_\_\_\_. He said he would pay me 14) \_\_\_\_\_ in a few months. I didn't hear from him again for almost a year.



The 15)\_\_\_\_\_ he sent me was like so many he'd sent before. He was sorry he hadn't been in contact, he loved me, he wanted to talk again. Reading his 16)\_\_\_\_\_, I felt a familiar mix of nostalgia and rage. Not only had he not repaid the money I loaned him, he hadn't even 17)\_\_\_\_\_ to call me to see how I was doing after I had my baby. If he'd cared enough to call, he would have known that 18)\_\_\_\_\_ that time, my mother had died, and that I'd almost 19)\_\_\_\_\_ my mind with grief and 20)\_\_\_\_\_. I had tried my best to be a good friend, but I no longer had it in me.



For years, I had tried to be his friend, his  
21) \_\_\_\_\_, and his savior, but in return, he had given  
me almost 22) \_\_\_\_\_. So, as guilty as I felt for  
23) \_\_\_\_\_ 24) \_\_\_\_\_ on someone struggling  
with a drug addiction, I 25) \_\_\_\_\_ him  
26) \_\_\_\_\_ of my life. I couldn't continue to give so  
much to someone who only thought of me when he needed  
something. But I don't want to 27) \_\_\_\_\_ Chris that  
way. I want to remember him as the 28) \_\_\_\_\_ guy  
who could always make me laugh. And I will always miss my  
friend.

# This Lesson

## Vocabulary Set 7

horrify

devastate

desperate

make sense

insist

doubt

gullible

familiar

mix

bother

lose one's mind

grief

counselor

struggle

addiction

inspiration

### **phrasal verbs**

let down

hear from

give up

# horrify

noun	verb	adjective	adverb	other
horror (nc)	horrify (vt)	horrific, horrifying (cause) horrified (effect)	horrifyingly	

meaning: cause shock and disgust

He was horrified to see that Chris had an obvious drug problem.

The horrific war killed thousands of innocent people.

The child horrified her parents when she said a bad word.

# devastate

noun	verb	adjective	adverb	other
devastation (nc)	devastate	devastating (cause) devastated (effect)	devastatingly	

meaning: damage badly, ruin

I was devastated to learn [of Chris's problem].

The tornado devastated the small town.

The devastating disease almost killed her.

# desperate

noun	verb	adjective	adverb	other
desperation (nc)		desperate	desperately	

meaning: needing help badly

Suddenly, his desperate and sporadic phone calls made sense.

Her desperation to feed her children caused her to rob the store.

I desperately need your advice! Please help me!

# make sense

noun	verb	adjective	adverb	other
	make sense (made, made)			

meaning: be logical, be easy to understand

Suddenly, his desperate and sporadic phone calls made sense.

The answer to this physics problem doesn't make sense. We must have made a mistake.

It makes sense to study English if you want to live in America.

# insist

noun	verb	adjective	adverb	other
insistence (nc)	insist (vi, vt)	insistent (cause)	insistently	insist on –ing

meaning: to repeat a request

He insisted that he was trying to get better.

At his insistence, I read that book, but I didn't like it.

She insisted on paying for my lunch.

# doubt

noun	verb	adjective	adverb	other
doubt (c, nc)	<b>doubt (vt)</b>	doubtful (cause) dubious (effect)	doubtfully	

meaning: not believe fully

I began to doubt some of his stories.

The scientists have some doubts about the results of their experiment.

Cheyenne is doubtful that her sister can change her ways.



# gullible

noun	verb	adjective	adverb	other
gullibility (nc)		gullible	gullibly	

meaning: easy to trick or fool

I felt gullible for not realizing what had been happening.

He's so gullible. He'll believe anything I tell him.

# familiar

noun	verb	adjective	adverb	other
familiarity (nc)	familiarize (vt)	familiar	familiarly	familiar with

meaning: known

I felt a familiar mix of nostalgia and rage.

She needed to ask for directions, since she wasn't familiar with the city.

You should familiarize yourself with this software; it will help you to do your job.

# mix

noun	verb	adjective	adverb	other
<b>mix (c)</b>	mix (vi, vt) mix up (vt) <i>separable</i>	mixed mixed up		mix up (verb= confuse) mixed up (adjective = confused)

meaning: more than one thing together, combination, blend

I felt a familiar mix of nostalgia and rage.

Oil and water don't mix very well.

I often mix up *there*, *their*, and *they're*.

# bother

noun	verb	adjective	adverb	other
	bother (vi)			bother = annoy

meaning: make an effort

He hadn't even bothered to call me.

Don't bother asking her; she won't know the answer.

I didn't bother to clean the house before the guests came over for dinner.

# lose one's mind

noun	verb	adjective	adverb	other
	lose one's mind (lost, lost)			

meaning: go crazy

After my mother died, I almost lost my mind with grief and stress.

If I don't get a vacation soon, I'm going to lose my mind!

You spent all that money on a bottle of wine? Have you lost your mind?

# **grief**

noun	verb	adjective	adverb	other
grief (nc)	grieve (vi, vt)			

meaning: extreme sadness, usually because of a loss

After my mother died, I almost lost my mind with grief and stress.

People can experience a period of grief after losing a job.

# counselor

noun	verb	adjective	adverb	other
counselor (person, c) counsel (nc)	counsel (vt)			

meaning: someone who gives advice

I had tried to be his friend, his counselor, and his savior.

A college counselor gives students advice on how to get into college.

She counseled me about business ideas.

# struggle

noun	verb	adjective	adverb	other
struggle (c,nc)	<b>struggle</b> (vi)			struggle with + noun struggle to +verb

meaning: fight hard, make a lot of effort

I felt guilty for giving up on someone struggling with a drug addiction.

English is a struggle for me. I'm always struggling to find the right words.

Geraldo struggled with his math class.



# addiction

noun	verb	adjective	adverb	other
addiction (c, nc) addict (c, person)	addict	addictive, addicting (cause) addicted (effect)	addictively	

meaning: a condition that causes you to want more and more of something

He was struggling with a drug addiction.

This video game is so addictive! I can't stop playing it.

My brother is addicted to basketball. He could watch it for hours every day.

# inspiration

noun	verb	adjective	adverb	other
inspiration (nc, c)	inspire (vt)	inspirational (cause) inspired (effect)		

meaning: someone or something that causes others to take action or have ideas, usually positive

I want to remember him as the inspirational guy who could always make me laugh.

My mother inspired me to work hard.

Serena Williams is an inspiration to so many young tennis players. They all want to be like her!

# let down

noun	verb	adjective	adverb	other
letdown (c)	let down (vt) <i>separable</i>			

meaning: disappoint, do worse than others expect

He promised not to let me down.

His girlfriend's birthday gift was a real letdown.

I let my father down when I lied to him.

## separable phrasal verbs

### with pronouns

pick up

pick **me** up

~~pick up me~~

point out

point **them** out

~~point out them~~

### with nouns

pick up

pick **Sam** up

pick up **Sam**

point out

point **the birds** out

point out **the birds**

# hear from

noun	verb	adjective	adverb	other
	hear from (vt) <i>inseparable</i>			

meaning: get news from someone

I didn't hear from him again for almost a year.

Have you heard from Jiu Yuan lately? It's been a while.

Please call me anytime. I'd love to hear from you.

# give up on

noun	verb	meaning
	<b>give up on</b> (vt) <i>inseparable</i>	stop believing in someone, stop doing something I felt guilty for giving up on someone struggling with a drug addiction.
	give up (vi)	stop trying He didn't think he could pass his chemistry class, so he gave up.
	give up (vt) <i>separable</i>	stop doing something He didn't like playing the piano, so he gave it up.

# PRONUNCIATION: -ED ENDINGS

Find your **voice box** by placing several fingers lightly on your throat



## Unvoiced

-voice box doesn't vibrate

p / b

k / g

t / d

f / v

s / z

ch / j

/ m , n, ng, r

/ vowels (a, e, i, o, u, y)

## Voiced

-voice box **does** vibrate

# PRONUNCIATION: -ED ENDINGS

## Unvoiced

-voice box doesn't vibrate

- laugh**ed**
- talk**ed**
- touch**ed**
- wash**ed**
- stop**ped**
- kiss**ed**

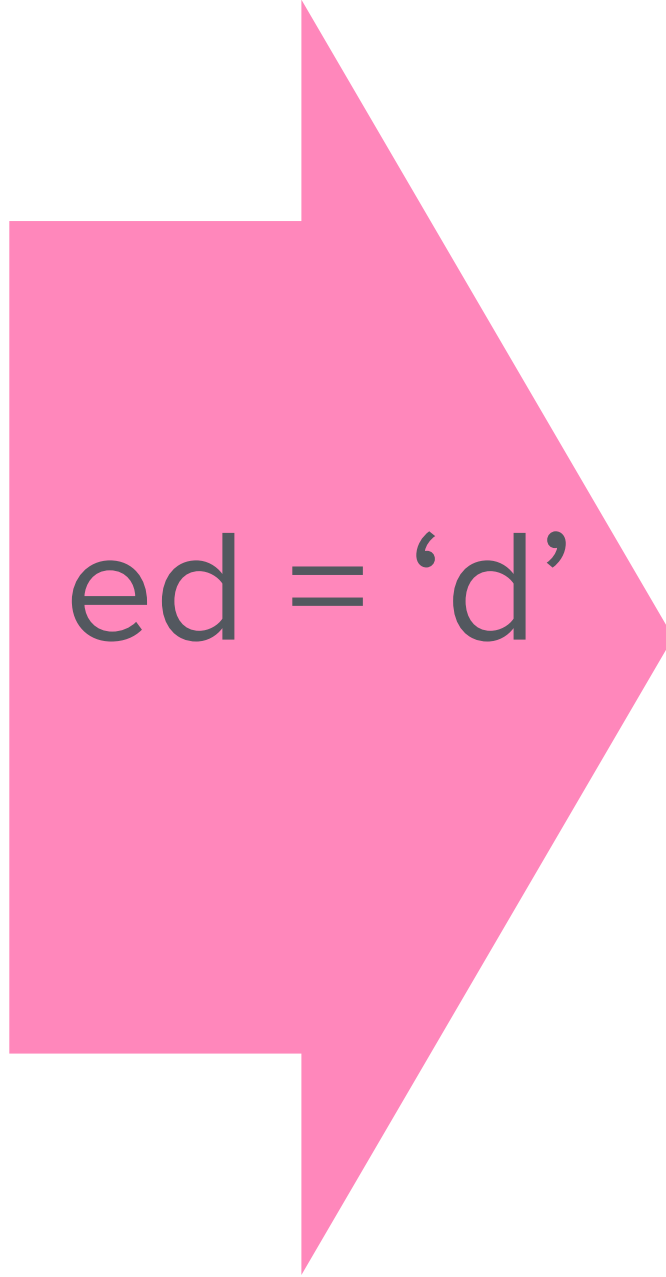


ed = 't'

## Voiced

-voice box **does** vibrate

- hugg**ed**
- judg**ed**
- mail**ed**
- add**ed**
- lov**ed**
- show**ed**



ed = 'd'



# PRONUNCIATION: -ED ENDINGS

How would you pronounce these past tense verbs?

- walk
- call
- pass
- cook
- clean
- manage
- touch
- play
- sip
- lie

## Unvoiced

-voice box doesn't vibrate

p / b

k / g

t / d

f / v

s / z

ch / j

/ m , n, ng, r

/ vowels (a, e, i, o, u, y)

## Voiced

-voice box **does** vibrate